



# LONDON SCHOOL of HYGIENE & TROPICAL MEDICINE



## MENTAL HEALTH IN COMPLEX EMERGENCIES

### SHORT COURSE

1 – 6 September 2008

The Mission of the London School of Hygiene & Tropical Medicine is to contribute to the improvement of health world-wide through the pursuit of excellence in research, postgraduate teaching and advanced training in national and international public health and tropical medicine, and through informing policy and practice in these areas.

## Mental Health in Complex Emergencies

FURTHER INFORMATION: [www.lshtm.ac.uk/prospectus/short](http://www.lshtm.ac.uk/prospectus/short)

### Course Organisers

Egbert Sondorp: [egbert.sondorp@lshtm.ac.uk](mailto:egbert.sondorp@lshtm.ac.uk)

Adib Fletcher: [afletcher@imcworldwide.org](mailto:afletcher@imcworldwide.org)

### The Course

Mental Health in Complex Emergencies (MHCE) is a collaboration of The London School of Hygiene and Tropical Medicine (LSHTM), the Centre for International Health and Cooperation, HealthNet TPO, and International Medical Corps. The curriculum will be based on earlier courses the latter three partners have organised in New York, Geneva and Kampala. Staff from these agencies together with LSHTM staff will form core teaching staff.

The training programme targets health and other professionals wishing to gain a better understanding of what it entails to address mental health and psycho-social issues in the context of complex emergencies.

This 6 day intensive training course focuses on the specific context of conflict and post-conflict settings. The course will provide practical orientation and training to equip participants with skills necessary to establish and organize programmes in the mental health and psychosocial domains and strengthen applicable skills in complex humanitarian emergencies.

In 2008 the course will run from: 1 - 6 September

### Course Content

The course will provide a practical orientation and training on how to conduct rapid assessments, designing and setting up mental health services or psychosocial programmes (exploring the differences between them), clinical work and therapeutic approaches in non-western contexts, the issue of cultural validity, conflict resolution and negotiation, taking care of oneself and dealing with burnout. It will also introduce potential field workers to essentials such as personal security, and logistics and practical aspects of humanitarian work in the field.

Teaching will be through a mix of lectures, exercises and group work. A Certificate of Attendance be awarded to participants who complete all sessions.

### Who Should Apply?

This is a multi-disciplinary training programme for participants from a variety of backgrounds and experience but primarily aimed at health professionals. The entry qualifications for the course are:

- Relevant professional background that allows for future engagement in mental health or psycho-social programmes in complex emergencies
- Either experience in complex emergency work, ideally in mental health or psycho-social programmes, or a background in mental health is required.

Professionals applying for the course could be:

- mental health professionals
- health professionals
- other professionals, e.g. programme managers

### Course Fee

The total course fee is £800, which covers participation in the course, course materials, refreshments during breaks and one joint dinner, but does not cover travel costs, accommodation and meals. If the course fee is to be paid on the applicant's behalf, please send a letter from the sponsor to confirm this as soon as possible. Otherwise, the applicant will be held personally responsible for payment. Fees are payable in full by 11th August 2008.

### Accommodation

The School cannot provide accommodation for participants. A list of hotels and other accommodation located in the vicinity of the School can be provided on request to Registry.

### Other Relevant Information

Participants may consider to also apply to the **International Mental Health Research - Methods & Applications** short course, offered at LSHTM, from 18-22 August 2008.



HealthNet TPO

The London School of Hygiene & Tropical Medicine (LSHTM) has an internationally excellent reputation in public health and tropical medicine, is a leading postgraduate medical institution in Europe and is Britain's national school of public health. It is a major national and international focus of collaboration in teaching and research, where clinical, population, laboratory and social sciences are integrated to address the broad issues of health. Associated with the School as a teaching hospital is the Hospital for Tropical Diseases.

Courses take place either in the Keppel Street building, or in our teaching rooms at Bedford Square, two minutes walk away. The School is situated in the heart of London, in Bloomsbury, between the City (London's financial quarter) and the busy West End, with its unparalleled shopping and entertainment facilities. There is easy access to the rest of central London and its many places of interest.

### Applications

Application forms and further details of other short courses offered by the School can be obtained from:

**Registry**  
 London School of Hygiene & Tropical Medicine  
 50 Bedford Square  
 London WC1B 3DP  
 UNITED KINGDOM

Telephone: +44 (0)20 7299 4648

Fax: +44 (0)20 7323 0638

E-mail: [shortcourses@lshtm.ac.uk](mailto:shortcourses@lshtm.ac.uk)

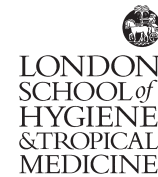
Website: [www.lshtm.ac.uk/prospectus/short](http://www.lshtm.ac.uk/prospectus/short)

Those requiring further information about the course should contact the Course Organisers:

Egbert Sondorp: [egbert.sondorp@lshtm.ac.uk](mailto:egbert.sondorp@lshtm.ac.uk)

Adib Fletcher: [afletcher@imcworldwide.org](mailto:afletcher@imcworldwide.org)

### APPLICATION FORM Mental Health in Complex Emergencies 1 – 6 September 2008



#### PLEASE USE BLOCK CAPITALS

Surname or family name: \_\_\_\_\_

Forename(s): \_\_\_\_\_

Title: (Dr/Mr/Mrs etc) \_\_\_\_\_ Male  Female

Date of Birth: \_\_\_\_\_

Nationality: \_\_\_\_\_

Country of Birth: \_\_\_\_\_

Country of normal residence: \_\_\_\_\_

Address for correspondence: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Postcode: \_\_\_\_\_

Daytime Telephone No: \_\_\_\_\_

Mobile No: \_\_\_\_\_

Fax No: \_\_\_\_\_

E-mail address: \_\_\_\_\_

How and where did you hear about the School and the course to which you have applied?

Advertisement in \_\_\_\_\_

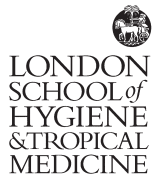
University Careers Office  Employer

From an ex-student of the School  Internet

Conference or Fair (name/location) \_\_\_\_\_

Other, please give details \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**If you have any medical condition, physical or other disability of which the School should be aware or which might call for special arrangements or facilities, you should attach a confidential letter with your application form.**



#### MAIN DEGREE OR QUALIFICATIONS, DIPLOMAS AND CERTIFICATES HELD

Approximate Dates Educational Institution

1 \_\_\_\_\_

2 \_\_\_\_\_

Degree or Diploma

1 \_\_\_\_\_

2 \_\_\_\_\_

#### BRIEF EMPLOYMENT HISTORY (MAIN JOBS HELD)

\_\_\_\_\_  
 \_\_\_\_\_

Do you have experience working in humanitarian emergencies?

(if so, briefly describe): \_\_\_\_\_  
 \_\_\_\_\_

Do you have experience in mental health or psycho-social programmes in complex emergency contexts? \_\_\_\_\_  
 \_\_\_\_\_

#### WHY DO YOU WISH TO ATTEND THIS COURSE?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

#### INTENDED SOURCE OF FUNDING

Self Financing  Sponsor

If the course fee is to be paid on the candidate's behalf, please send a letter from the sponsors to confirm this as soon as possible. Otherwise the applicant will be held responsible for payment. Fees are payable in advance by **11th August 2008** and attendance on a course may not begin until fees are fully paid. Cancellation of attendance on a course may lead to loss of all or part of the fee.

#### Declaration and signature of candidate seeking admission:

I declare that the information given on this application form is correct. I have read and understood the arrangements for payment of tuition fees to which arrangements I will adhere. I understand that School may cancel courses two weeks before the start date if numbers prove insufficient and in those circumstances course fees will be refunded.

Signed \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / 2008

Please return the completed form to:

The Registry, London School of Hygiene & Tropical Medicine  
 50 Bedford Square, London WC1B 3DP, UK

Tel: +44 (0)20 7299 4648

e-mail: [shortcourses@lshtm.ac.uk](mailto:shortcourses@lshtm.ac.uk)

Fax: +44 (0)20 7323 0638

Website: [www.lshtm.ac.uk/courses](http://www.lshtm.ac.uk/courses)